

## **Senior Center**

The Bolivar Senior Center offers a variety of activities: bingo, exercise classes, birthday parties, holiday celebrations, movies, card games, checkers, quilting, arts and crafts, health screenings, nutritional and health education, music and sing-a-longs, visits to local nursing homes and quarterly trips such as shopping, plays, historical trips, ballet performances, and visits to the zoo.

- Meals served daily, at a low cost
- Meals on Wheels program for those who qualify (must call for meal reservation)
- Offer Ensure nutritional products at a low cost
- Offer small medical equipment loan program
- Fan program (seasonable, by application with health/financial qualifications)

### Hours

- Monday – Friday, 8:00am – 4:30pm
- Available to all seniors age 60 and above
- Volunteers always needed

**Linda Lawler, Director**

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